



## GYN History:

Age of first period: \_\_\_\_\_

Menstrual cycle:

Are you still having periods? Circle one: Yes / No

If yes, when was the first day of your last cycle? \_\_\_\_\_

Are your cycles regular or irregular? \_\_\_\_\_

What is the length of a typical cycle? \_\_\_\_\_

Is your flow heavy, medium or light? \_\_\_\_\_

How often do you change your pad or tampon on your heaviest day?

\_\_\_\_\_

Do you have painful sex? \_\_\_\_\_

Are you on birth control? Which? \_\_\_\_\_

Pap Smear History

When was your last pap smear? \_\_\_\_\_

Do you have a history of abnormal pap smear? \_\_\_\_\_

Have you had a colposcopy for an abnormal pap in the past? Circle one: Yes / No

Have you had any procedures for abnormal pap smears in the past?

Cryotherapy \_\_\_\_\_ LEEP \_\_\_\_\_ Cone biopsy \_\_\_\_\_

Mammography History

When was your last mammogram? \_\_\_\_\_

Do you have a history of an abnormal mammogram? \_\_\_\_\_

Have you had biopsies for abnormal mammogram? \_\_\_\_\_

History of sexually transmitted infections

Do you have a history of any of the following? (Circle if yes)

Herpes Syphilis Gonorrhea Chlamydia HIV

We want to get a better understanding of your sexual experiences and how they may impact you and your health. Have you had any unwanted sexual experiences? When?

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## Obstetrical History

Please list your pregnancies and their outcome in chronological order

Pregnancy	Year	Miscarriage, ectopic, or abortion?	How many weeks at delivery?	Type of delivery: Vaginal or cesarean section	Weight of baby at delivery	Sex of baby	Complications at the time of delivery?
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

## Healthcare Maintenance:

Most recent bone density scan (if done): \_\_\_\_\_

Most recent colonoscopy (if done): \_\_\_\_\_

## Review of Systems:

	Yes	No		Yes	No		Yes	No
Abdominal Pain			Frequency			Pelvic Pain		
Back Pain			Hearing Loss			Shortness of Breath		
Blurred Vision			Heartburn			Sleep Disturbance		
Chest Pain			Hot Flashes			Vaginal Bleeding		
Confusion			Incontinence			Vaginal Discharge		
Constipation			Insomnia			Vaginal Dryness		
Diarrhea			Memory Loss			Vomiting		
Difficulty Urinating			Nausea			Weakness		
Dizziness			Nervous/anxious			Weight Gain		
Fatigue			Pain with Intercourse			Weight Loss		